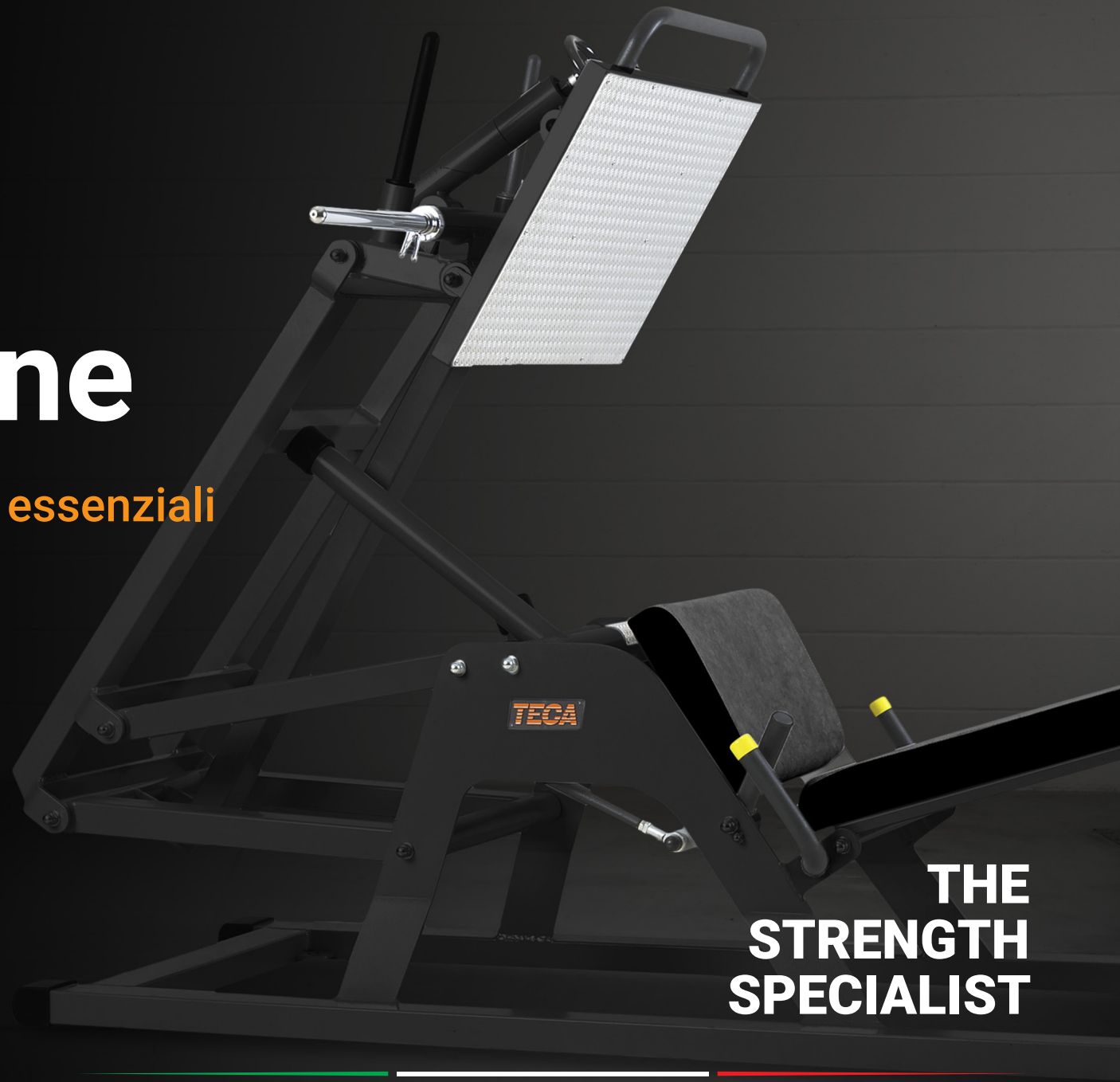
Free Weights line

Panche, rack e plate loaded essenziali



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Benches

[FP401] **Supine bench press**

[FP440] **Shoulder bench press**

[FP490] **Hyperextension**

[FP630] **Crunch bench**

[FP700] **Hip truster**

[FP420] **Incline bench press**

[FP460] **Adjustable bench**

[FP600] **Oblique Flexor**

[FP640] **Preacher curl**

[FP710] **Sissy Squat**

[FP430] **Decline bench press**

[FP465] **Adjustable bench with wheels**

[FP610] **Decline sit-up bench**

[FP670] **Chin-dip abdominal**

Plate Loaded

[FP240] **Hack squat P.L.**

[FP200] **Multipower**

[FP250] **Leg press P.L.**

[SP220] **Sitting calf P.L.**

[FP230] T-Bar

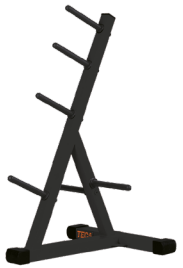
Racks

[FP800] **Squat rack**

[FP810] **Power rack**

[FP820] **Barbell rack**
5 places

Weight & bar holders



[FP830] **Plate rack**
6 places

[FP831] **Plate rack**
10 places

[FP850] **Dumbbell rack**
1,5mt 2 floors

[FP851] **Dumbbell rack**
2,0mt 2 floors

[FP852] **Dumbbell rack**
1,5mt 3 floors

[FP853] **Dumbbell rack**
2,0mt 3 floors


5KG
20KG
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